

PBM Savings and Patient Impact in Pennsylvania

Pharmacy benefit experts secure lower prescription drug costs and enable better health outcomes for patients.

PBMs will save Pennsylvanians

\$45B

across all Pennsylvania insurance markets over ten years (2023–2032).¹

PBMs will save Pennsylvanians

\$6B

over a 10-year period (2023–2032) in Pennsylvania Medicaid.¹

PBMs cover

11,843,000

Pennsylvanians.²

PBMs save payers and patients an average of

\$1,040

per person per year.³

The use of PBM tools will save payers and patients nationally more than

\$1 trillion

from 2023–2032.¹



CLINICAL CARE:

Pharmacy benefit companies use clinical data to support decision-making and help patients stay on course with their prescription therapy through evidence-based medication adherence and health coaching programs.

PBMs improve drug therapy and patient adherence in patients, helping to **reduce** complications annually of:³

- » 500,000 emergency department visits
- » 440,000 heart attacks
- » 330,000 strokes
- » 150,000 amputations
- » 60,000 incidents of end stage kidney disease



ADHERENCE PROGRAMS:

PBMs monitor and engage with patients to help them stay on their drug course.

- » **Diabetes:** PBMs monitor and measure a patient's glucose levels through "smart glucometers" and conduct outreach if patients need medication support.⁴
- » **Asthma:** PBMs track asthma patients' adherence by sending at-risk patients a device to attach to the top of their inhalers, which monitors usage and dosage.⁵



PATIENT SUPPORT PROGRAMS:

PBMs offer affordable access to drugs and engage directly with patients on care.

- » PBMs include chronic condition medications on lists of drugs for preventative treatment for which patients pay either no cost sharing or bypass their deductible and pay only their cost sharing.⁶
- » PBMs certified care and education specialists deliver individualized education and case management to patients.⁷

1 Visante. "PBMs: Generating Savings for Plan Sponsors." January 2023.

2 Visante analysis of US Census state population data, CMS enrollment data, and Kaiser Family Foundation data, see "The Return on Investment (ROI) on PBM Services." January 2023.

3 Visante. "The Return on Investment (ROI) on PBM Services." January 2023.

4 PCMA. "PBMs Support Patients With Diabetes." 2022.

5 PCMA. "PBMs Help Patients With Asthma Breathe Easier." 2022.

6 IRS. "IRS expands list of preventive care for HSA participants to include certain care for chronic conditions." 2019.

7 RTI International. "Expanding Awareness and Knowledge of the Value of Pharmacy Benefit Manager Clinical Programs." Unreleased, 2021.

ABOUT PCMA

PCMA is the national association representing America's pharmacy benefit managers (PBMs). PBMs administer prescription drug plans for more than 275 million Americans who have health insurance from a variety of sponsors including: commercial health plans, self-insured employer plans, union plans, Medicare Part D plans, the Federal Employees Health Benefits Program (FEHBP), state government employee plans, Medicaid plans, and others.